



DAILY SPECIALS FOR FRIDAY, AUGUST 1ST!

Prices Are For Credit & Debit Purchases - Pay with Cash & Receive a 4% Cash Discount!

❧ BREAKFAST - SERVED ALL DAY! ❧

Fluffy Homemade Buttermilk Pancakes with Butter and Maple Syrup ... \$9.99
Add Chocolate Chips, \$1.50. Add Bananas, Strawberries or Blueberries, \$2.00

❧ HOT ENTRÉE SPECIALS - ALWAYS FRESH, ALWAYS DELICIOUS! ❧

Beef Burgundy ... \$15.79

Thinly Sliced Sirloin Steak with Sautéed Mushrooms & Pearl Onions in a Rich Burgundy Wine Sauce Over Egg Noodles

Fried Flounder Filet Served with Fresh Lemon & Tartar Sauce ... \$15.79

Sweet & Sour Meatballs ... \$14.69

Above Entrées Served w/Your Choice of 2 Sides: Mashed Potatoes, Mac & Cheese, Rice, Roasted Veggies, Braised Red Cabbage

Chicken Pot Pies - \$10.49

❧ HOMEMADE HOT SOUP ❧

Cup \$5.99...Pint \$6.99...Quart...\$12.99

Chicken Barley, Spring Vegetable, Tortellini Vegetable, Tomato Orzo, Chicken Noodle, Chicken & Rice

SEAQUA FIT MEAL PREPS - GRAB N' GO OR HAVE IT HOT - BUY ANY 5 GET ONE FREE!

Hawaiian Veggie Burger ... \$12.59

Accompanied By Roasted Sweet Potatoes and Grilled Pineapple, Mango Salsa On The Side

❧ GOURMET SALAD ❧

Tuscany Salad ... \$15.79

Mesclun Greens, Marinated Grilled Chicken, Roasted Peppers, Ripe Avocado & Mozzarella Balls

❧ SOUP & SLIDER COMBO ❧

*BBQ Roast Beef with Shaved Onions & Swiss Cheese on an Onion Rosemary Slider / Balsamic Glazed Chicken, Marinated Tomatoes & Provolone on a Garlic Rosemary Slider / Breaded Chicken, Muenster, Buffalo Sauce, Ranch & Pickles on a Semolina Slider / Layered Fried Eggplant with Fresh Mozzarella & Marinara Sauce on a Focaccia Cube / Oven Gold Turkey with Mozzarella & Bacon on a Garlic Toasted Semolina Slider
With a Cup of Soup - \$10.49 / Pint of Soup - \$11.49*

❧ RECESSION BUSTER ❧

Tuna Salad on White, Rye, Whole Wheat or a Roll with a ¼ lb. of Potato Salad, Macaroni Salad or Cole Slaw and a 12 oz. Soda, Iced Tea or Lemonade ... \$11.49

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