



**DAILY SPECIALS FOR TUESDAY, MARCH 18TH!**

**Prices Are For Credit & Debit Purchases - Pay with Cash & Receive a 4% Cash Discount!**

**PROTEIN PACKED OVERNIGHT OATS ~ BLUEBERRY CRUMB ... \$8.49**

*Quaker Oats, Greek Yogurt, 2% Milk, Whey Protein, Graham Crackers & Fresh Blueberries*

**❧ HOT ENTRÉE SPECIALS - ALWAYS FRESH, ALWAYS DELICIOUS! ❧**

**Chicken Francaise ... \$14.69**

*Sautéed Egg Battered Chicken Cutlets with a White Wine Lemon Sauce*

**Beef Burgundy ... \$15.79**

*Thinly Sliced Sirloin Steak with Sautéed Mushrooms & Pearl Onions in a Rich Burgundy Wine Sauce Over Egg Noodles*

**Above Entrées Served w/Your Choice of 2 Sides: Mashed Potatoes, Mac & Cheese, Rice, Roasted Vegetables, Braised Red Cabbage**

**Grilled Kielbasa with Sauerkraut & Pan Fried Perogies ... \$14.69**

**Classic Irish Shepherd's Pie - Individual Portion ... \$10.99**

*Seasoned Ground Beef with Peas & Carrots, Topped with Mashed Potatoes*

**❧ HOMEMADE HOT SOUP ❧**

**Cup \$5.99...Pint \$6.99...Quart...\$12.99**

**Split Pea, Vegetarian Lentil, Spring Vegetable, Tortellini Vegetable, Tomato Orzo, Chicken Noodle, Chicken & Rice. Cup \$7.59, Pt. \$9.29, Qt. \$17.39...Shrimp & Crab Chowder**

**❧ "SEAQUA FIT MEAL PREPS" - HAVE IT HOT OR GRAB N' GO - BUY ANY 5 GET 1 FREE!! ❧**

**Chicken Fajita ... \$12.59**

*Cajun Grilled Chicken with Sautéed Peppers & Onions over Brown Rice Topped with Shredded Cheddar & Monterey Jack Cheese*

**❧ GOURMET SALAD ❧**

**Tomato Mozzarella Salad ... \$10.49 /lb.**

*Plum Tomatoes, Fresh Mozzarella, Red Onions and a Garlic-Basil Vinaigrette*

**❧ SOUP & SLIDER COMBO ❧**

*BBQ Roast Beef with Shaved Onions & Swiss Cheese on an Onion Rosemary Slider / Balsamic Glazed Chicken, Marinated Tomatoes & Provolone on a Garlic Rosemary Slider / Breaded Chicken, Muenster, Buffalo Sauce, Ranch & Pickles on a Semolina Slider / Layered Fried Eggplant with Fresh Mozzarella & Marinara Sauce on a Focaccia Cube / Oven Gold Turkey with Mozzarella & Bacon on a Garlic Toasted Semolina Slider With a Cup of Soup - \$10.49 / Pint of Soup - \$11.49*

**❧ RECESSION BUSTER ❧**

**Peppermill Turkey on White, Rye, Whole Wheat or a Roll with a ¼ lb. of Potato Salad, Macaroni Salad or Cole Slaw and a 12 oz. Soda, Iced Tea or Lemonade ... \$11.49**

**4250 JERUSALEM AVENUE, MASSAPEQUA, NY 11758 / 516-799-5600 / SEAQUADELI.COM  
INFO@SEAQUADELI.COM**