



THURSDAY'S SPECIALS - SEPTEMBER 22, 2022

PROTEIN PACKED OVER NIGHT OATS - BROWNIE BATTER ... \$7.49
Quaker Oats, Greek Yogurt, 2% Milk, Whey Protein, Cocoa Powder & Brownie Crumbles

HOT ENTRÉE SPECIALS ~ ALWAYS FRESH, ALWAYS DELICIOUS!

Chicken Seaqua ... \$13.99
Sautéed Egg Battered Chicken Cutlets with Sautéed Mushrooms and Artichoke Hearts in a White Wine Lemon Butter Sauce

Boneless Sliced Roast Pork with Garlic Au Jus ... \$13.99

Turkey Roll-Ups ... \$13.99
Sliced Turkey Breast Rolled with an Herb Stuffing and Finished with a Light Turkey Gravy
Above Entrées Served w/ Your Choice of 2 Sides: Mashed Potatoes, Rice, Mac & Cheese, Roasted Veggies, Braised Red Cabbage

Quiche Lorraine / Spinach, Mushroom & Swiss Cheese Quiche ... \$5.49

HOMEMADE HOT SOUPS

Cup \$5.49...Pint \$6.49...Quart...\$11.99
Broccoli Cheddar, Spring Vegetable, Tortellini Vegetable, Tomato Orzo, Chicken Noodle, Chicken & Rice

GOURMET SANDWICH

Chicken Blast ... \$11.99
Breaded Chicken Cutlet, Fresh Mozzarella, Roasted Peppers, Sautéed Spinach & Sweet Pesto Sauce on Triangle Crispina

GOURMET SALAD

Balsamic Chicken Pasta Salad ... \$9.99 /lb.
Penne with Chicken, Fresh Mozzarella, Grape Tomatoes, Red Onions, Sundried Tomatoes & Balsamic Vinaigrette

SOUP & SLIDER COMBOS

BBQ Roast Beef with Shaved Onions & Swiss Cheese on an Onion Rosemary Slider or Balsamic Glazed Chicken, Marinated Tomatoes & Provolone on a Garlic Rosemary Slider or Breaded Chicken, Muenster, Buffalo Sauce, Ranch & Pickles on a Semolina Slider or Layered Fried Eggplant with Fresh Mozzarella & Marinara Sauce on a Focaccia Cube or Oven Gold Turkey with Mozzarella & Bacon on a Garlic Toasted Semolina Slider With a Cup of Soup - \$9.99 / Pint of Soup - \$10.99

RECESSION BUSTER

Everroast Chicken on White, Rye or Whole Wheat Bread with a ¼ lb. of Potato Salad, Macaroni Salad or Cole Slaw & a 12 oz. Soda, Iced Tea or Lemonade ... \$10.49



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